

START PROTOCOL

Perennial (All Year Round) Immunotherapy Injections using CLUSTEK or Clustek Max GLUTERALDEHYDE TREATED (ALK) ALLERGEN REAGENTS.

Patient does NOT stop injections at the beginning of Spring, but rather continues ALL Year

- The Gaps in the Table are intentional and are to allow the doctor to adjust the dose if necessary.
- **Peak Flows** only need to be done when the patient has ASTHMA or if side effects occur.
- Give injections as deep subcutaneous, mid way between the elbow and shoulder, over the triceps area (not deltoid)
- If it is uncomfortable for the patient, higher volume doses can be split into half into each arm.
- An antihistamine can be given after or before the injection to minimise local swelling and discomfort.
- The patient must wait 30 minutes after each injection for safety reasons.
- Patient should continue injections and organise a review appointment 6 months after starting.
- Planned duration of therapy is 3-5 years if effective.

PATIENT NAME

EXTRACT

File NUMBER

COMMENCEMENT

PRECAUTIONS

PREDICTED PF

80 % PREDICTED PF

Bottle	Stock	Week	Date	Planned Dose (ml)	Actual Dose(ml)	PF before	PF after	Comment/signature

FIRST BOTTLE

10,000 TU/ ml	1			0.20 ml				
WEEKLY	2			0.50 ml				
Now monthly								
	Monthly	6		0.50 ml				
	Monthly	10		0.50 ml				
	Monthly	14		0.50 ml				

**** Do not discard leftover allergen in the first bottle; combine liquid with next bottle if there is spare allergen left over**

NEW BOTTLE STARTS

10,000 TU/ml

MONTHLY INJECTIONS

	Monthly	18		0.40 ml				
****	Monthl	22		0.50 ml				
	y							

*****PATIENT IS DUE FOR REVIEW WITH DR MULLINS NOW, 6 MONTHS AFTER STARTING. IF YOU DO NOT DO SO YOU RISK RUNNING OUT & HAVING TO RESTART**

	Monthly	26		0.50 ml				
	Monthly	30		0.50 ml				
	Monthly	34		0.50 ml				

NOTE: Expired allergen CAN be used until new supplies are obtained if the patient runs out. An expired allergen is slightly less potent but NOT more likely to cause side-effects. Expired allergens will still work months after expiry but replace asap with fresh extracts.