

# **ALLERGEN REAGENTS - ONGOING MAINTENANCE PROTOCOL**

## **Perennial (All Year Round) Immunotherapy Injections using CLUSTEK or Clustek MAX GLUTERALDEHYDE TREATED (ALK) ALLERGEN REAGENTS.**

Patient does NOT stop injections at the beginning of Spring, but rather continues ALL Year

- The Gaps in the Table are intentional and are to allow the doctor to adjust the dose if necessary.
- **Peak Flows** only need to be done when the patient has ASTHMA or if side effects occur.
- Give injections as deep subcutaneous, mid way between the elbow and shoulder, over the triceps area (not deltoid)
- If it is uncomfortable for the patient, higher volume doses can be split into half into each arm.
- An antihistamine can be given after or before the injection to minimise local swelling and discomfort.
- The patient must wait 30 minutes after each injection for safety reasons.
- Patient should continue injections and organise a review appointment 6 months after starting.
- Planned duration of therapy is 3-5 years if effective.

**PATIENT NAME**

**EXTRACT**

**File NUMBER**

**COMMENCEMENT**

**PRECAUTIONS**

**PREDICTED PF**

**80 % PREDICTED PF**

Bottle	Stock	Week	Date	Planned Dose (ml)	Actual Dose(ml)	PF before	PF after	Comment/signature
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**NB: one reduces the dose when starting new bottle due to potential batch variation in potency**

B- 10,000 TU/ml								
<b>MONTHLY</b>								
	Monthly			0.40 ml				
****	<b>Monthly</b>			<b>0.50 ml</b>				
	Monthly			0.50 ml				
	Monthly			0.50 ml				
	Monthly			0.50 ml				

**\*\* Do not discard leftover allergen in the first bottle; combine liquid with next bottle if there is spare allergen left over**

**ORDER MORE ALLERGEN NOW AS IT TAKES 2-3 months to arrive, so you will be half way through the next bottle by the time it does. Otherwise, you risk running out and having to start all over again**

**NB: one reduces the dose when starting new bottle due to potential batch variation in potency**

B- 10,000 TU/ml								
<b>MONTHLY</b>								
	Monthly			0.40 ml				
	<b>Monthly</b>			<b>0.50 ml</b>				
	Monthly			0.50 ml				

	Monthly			0.50 ml				
	Monthly			0.50 ml				

**NOTE: Expired allergen CAN be used** until new supplies are obtained if the patient runs out. An expired allergen is slightly less potent but NOT more likely to cause side-effects. Expired allergens will still work months after expiry but replace asap with fresh extracts.