

**START PROTOCOL**  
**Perennial (All Year Round) Immunotherapy Injections using**  
**Alutek (ALK) ALLERGEN REAGENTS.**

Patient does NOT stop injections at the beginning of Spring, but rather continues ALL Year

- The Gaps in the Table are intentional and are to allow the doctor to adjust the dose if necessary.
- **Peak Flows** only need to be done when the patient has ASTHMA or if side effects occur.
- Give injections as deep subcutaneous, mid way between the elbow and shoulder, over the triceps area (not deltoid)
- If it is uncomfortable for the patient, higher volume doses can be split into half into each arm.
- An antihistamine can be given after or before the injection to minimise local swelling and discomfort.
- The patient must wait 30 minutes after each injection for safety reasons.
- Patient should continue injections and organise a review appointment 7 months after starting.

**PATIENT NAME:**

**EXTRACT**

**File NUMBER**

**COMMENCEMENT**

**PRECAUTIONS**

**PREDICTED PF**

**80 % PREDICTED PF**

Bottle	Stock	Week	Date	Planned Dose (ml)	Actual Dose(ml)	PF before	PF after	Comment/signature
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<b>A- 1000 TU per ml</b>		<b>1</b>		0.10 ml				
<b>GREY label</b>		2		0.30 ml				
	Weekly	3		0.50 ml				

<b>B- 10,000 TU per ml</b>		4		0.10 ml				
<b>YELLOW label</b>		5		0.30 ml				
	Weekly	6		0.50 ml				
	Fortnight	8		0.50 ml				
	Monthly	12		0.50 ml				
	Monthly	16		0.50 ml				

<b>B- 10,000 TU per ml</b>								
<b>YELLOW label</b>								
	Monthly	20		0.50 ml				
	Monthly	24		0.50 ml				

**\*\*\*\*PATIENT IS DUE FOR REVIEW, 6 MONTHS AFTER STARTING. IF YOU DO NOT DO SO YOU RISK RUNNING OUT & HAVING TO RESTART**

	<b>Monthly</b>	<b>28</b>		<b>0.50 ml</b>				
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	Monthly	32		0.50 ml				
	Monthly	39		0.50 ml				