

**ONGOING Maintenance Protocol (Monthly injections)  
Perennial (All Year Round) Immunotherapy Injections using  
Alutek (ALK) ALLERGEN REAGENTS.**

Patient does NOT stop injections at the beginning of Spring, but rather continues ALL Year

- The Gaps in the Table are intentional and are to allow the doctor to adjust the dose if necessary.
- **Peak Flows** only need to be done when the patient has ASTHMA or if side effects occur.
- Give injections as deep subcutaneous, mid way between the elbow and shoulder, over the triceps area (not deltoid)
- If it is uncomfortable for the patient, higher volume doses can be split into half into each arm.
- An antihistamine can be given after or before the injection to minimise local swelling and discomfort.
- The patient must wait 30 minutes after each injection for safety reasons.
- Patient should continue injections and organise a review appointment 7 months after starting.

**PATIENT NAME:**

**EXTRACT**

**File NUMBER**

**COMMENCEMENT**

**PRECAUTIONS**

nil

**PREDICTED PF**

**80 % PREDICTED PF**

Bottle	Stock	Month	Date	Planned Dose (ml)	Actual Dose(ml)	PF before	PF after	Comment/signature
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**Monthly Maintenance injections:** NB: one reduces 1st doses from new bottle in case of batch to batch potency variation.

<b>B-</b> 10,000 TU per ml								
<b>YELLOW label</b>								
Monthly	1			0.30 ml				
Monthly	2			0.40 ml				
<b>Monthly</b>	<b>3</b>			<b>0.50 ml</b>				
Monthly	4			0.50 ml				
Monthly	5			0.50 ml				

**ORDER MORE ALLERGEN (2 bottles) NOW. IF YOU DO NOT DO SO YOU RISK RUNNING OUT & HAVING TO RESTART**

<b>B-</b> 10,000 TU per ml								
<b>YELLOW label</b>								
Monthly	1			0.30 ml				
Monthly	2			0.40 ml				
<b>Monthly</b>	<b>3</b>			<b>0.50 ml</b>				
Monthly	4			0.50 ml				

	Monthly	5		0.50 ml				
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**NOTE: Expired allergen CAN be used** until new supplies are obtained if the patient runs out. An expired allergen is slightly less potent but NOT more likely to cause side-effects. Expired allergens will still work months after expiry but replace asap with fresh extracts.